

## Recent Donations

The Department of Pastoral Care says, "Thank You" to the individuals who have made generous contributions. These funds continue to help support the ministries of the department and allow innovative initiatives to continue.

The following individuals have made recent contributions:

Deborah Armstrong  
Captain Ross Rector

## Calendar of Events

Labyrinth in Chapel every second and fourth Thursdays  
12 Noon Thursday - 12 Noon Friday

UNC Hospitals Grief Recovery Group, Monday evenings beginning January 25, 2009 at the United Church of Chapel Hill

North Carolina Chaplains Fall Education Day, October 8, 2009 at Camp Caraway, Asheboro, NC

UNC Hospitals Multicultural Fair, November 6, 2009 - 10am - 3pm in the hospital lobbies

The Annual Adult Burn Survivor Reunion, November 21, 2009 William and Ida Mae Friday Center, Chapel Hill, N.C.

## Clinical Pastoral Education



From left to right: Lauren Efrid, Megan Spraw, Elaine Wilder, Stephanie Wilhoit, Amy Canosa

### Welcome To Our New Residents

**Lauren Hayes Efrid** graduated from Duke Divinity School in May 2009 with a Master of Divinity degree. She earned a B.A. in 2006 from Campbell University, where she majored in Religion and Psychology. Lauren is a member of the Cooperative Baptist Fellowship. She grew up in Camden, South Carolina but now resides in Durham with her husband, Adam. Lauren plans to be employed as a chaplain upon completion of her residency. She also loves to bake bundt cakes.

**Megan Spraw** is a graduate student at Gordon Conwell Theological Seminary-Charlotte, studying for her dual degrees in Masters of Arts in Christian Counseling and Masters of Divinity. Originally from Findlay, Ohio, she earned two B.A.s from Miami University in Oxford, Ohio in 2003 and then served in campus ministry for two years (at the University of Minnesota and in the Middle East). While in Charlotte, she was a private school teacher, volleyball coach, and coffee barista. After her residency, Megan will continue to work on her degrees and hopes to utilize her degrees overseas.

**Elaine Wilder** is originally from Atlanta, GA and has recently been living here in Durham. She graduated from Furman University with a degree in Religion and Spanish and most recently finished up with her Master of Divinity from Duke Divinity School. She will be commissioned as an Elder in the United Methodist Church next summer and plans to serve a local church when she finishes her time here with us.

**Stephanie Wilhoit** is a recent graduate of Duke Divinity School. However, she is not a Blue Devil. Stephanie got her undergraduate degree in Psychology from UNC-Chapel Hill in 2005. This is her third time working at UNC Hospitals; she worked in Psychiatry as a Health Unit Coordinator in between degrees and did her CPE internship here last summer. She also graduated when the Heels won the NCAA National Championship in Basketball! Stephanie is a member of the United Methodist Church, and is planning on being ordained as a Deacon as she looks towards being a full-time professional chaplain.

**Amy Canosa** is a graduate of Duke Divinity School, though she is a loyal UNC Tarheels fan. She earned a B.S. from Campbell University in 2003. She was born in Bradenton, Florida but claims Chapel Hill as her hometown. She is affiliated with the Cooperative Baptist Fellowship of NC. Amy is interested in pursuing collegiate ministry after her residency and currently ministers to students at UNC-Chapel Hill. (when she's not on-call!)

## Departmental News

### • Persistence Pays

After five years of providing bereavement services to families, staff and the community on a part-time basis, Heidi Gessner became UNC Hospitals full time Bereavement Coordinator on July 1, 2009! "I'm so excited to be able to continue and expand our services to people who are grieving the loss of a loved one. We want to normalize grief and make it less isolating and lonely for people," said Gessner. The mission of the UNC Hospitals Bereavement Support Service is to provide inclusive, collaborative and comprehensive bereavement care, support, resources, and education to patients, families, staff and community.

### • Dreams for Chapel Renovation

Our department submitted a request to the hospital for renovations to the John M. Reeves All-Faiths Chapel. We have a proposed architectural drawing that includes updated audio visual and digital technology equipment, new lighting, carpet, seating, and paint, as well as a more flexible design of the pulpit area. We also dream of included beautiful art work in the space. The estimated cost is upwards of \$200,000 and we anticipate the cost to rise as extensions create new fees. With the economic impact affecting us all, the hospital cannot financially commit to supporting us in this renovation at this time. We are still hopeful that the renovations can happen in the near future, through outside donations.

We maintain hope in that a renovation can occur in the near future and look forward to continuing the many services and programs currently offered in our chapel. Some of these include weekly worship services, meditative walking labyrinth, commissioning services for all CPE students, memorial services, weddings, individual and family prayer, weekly Muslim prayer, bible study groups, bereavement seminars, and educational seminars.

Please join us in our hopes for renovating this space by making a donation to the Department of Pastoral Care, UNC Medical Foundation, 101 Manning Drive, Chapel Hill, N.C. 27514 Please designate for Chapel Renovations.

### • Pastoral Care in the New Cancer Hospital

On Aug. 27, 2009 the new NC Cancer Hospital will open to the public. Offering 50 inpatient beds, as well as thoughtfully designed spaces for treatment rooms, clinics, support services, and outpatient therapies, the cancer hospital will meet the needs of the thousands of oncology patients and families it serves each year. With lots of windows, open lobbies, soothing paint colors, and natural elements used throughout, it feels like a mix among a hospital, a spa, and a modern museum. Rev. Patricia Cadle, who has served as the oncology chaplain for 8 years, is excited about working in the new sacred spaces. A small reflection room and simple, beautiful chapel are located just around the corner from her office on the ground floor. Join us we ask for blessing on this new space and all those who will receive care there.

### • Ten Year ACPE Accreditation Review

On May 21 and 22, three members from the Mid-Atlantic Region of the ACPE engaged with us for a site visit as part of our ten-year accreditation process. The site visit team unanimously appreciated the "clarity and thoroughness" of our Student Handbook and Self-Study Report. They assessed us to be "poised and energized for a new beginning and continuity", adding that we are "a very strong center with a strong CPE program." They have strongly recommended to the larger committee that our accreditation status be approved for continuation.

## Mission / Accreditation

The Department of Pastoral Care conducts an interfaith ministry to patients and their families at UNC Hospitals in Chapel Hill. The department is accredited by the COMISS Commission for Accreditation of Pastoral Services (CCAPS) and provides training in Clinical Pastoral Education, accredited by the Association for Clinical Pastoral Education, Inc.

This letter is published for interested clergy, alumni, and other friends of the pastoral care program. Comments and suggestions are welcome. Please send to Shirley M. Massey, smassey@unch.unc.edu.

## Staff

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www.unchpastoralcare.org

## Take Note

The UNC Hospitals Bereavement Support Service is offering a Community Grief Recovery Group this winter. The group is open to anyone grieving a death regardless of faith background. Facilitated by Chaplains Heidi Gessner and Darryl Owens, this group will focus on sharing and moving toward healing in a safe and supportive setting.

We will meet at the United Church of Chapel Hill for seven consecutive weeks beginning on Monday, January 25 from 6:30-8:00p.m., and ending on March 8, 2010. For more information or to enroll, please contact Heidi Gessner, UNC Hospitals Bereavement Coordinator at 966-0716 or hgessner@unch.unc.edu.



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## Reflections

### Kifner Returns as Pediatric Chaplain

*Hadley Kifner joined the department as the new full-time staff pediatric chaplain in May. A graduate of Duke Divinity School and in the ordination process with United Church of Christ, completed her CPE units for both internship and residency here. Below, Hadley shares her feelings on what it is like to be the new kid on the block.*

I am thrilled to be back at UNC. It is a new beginning and a homecoming at the same.



Hadley Kifner

Chapel Hill is an important place in my life. As a third generation Tar Heel, the traditions of the university have held a place in my family for nearly as long as Davie Poplar has stood tall in the quad. UNC Hospitals in particular is significant, too. It was working as a grant writer in the department of psychiatry nearly ten years ago when I first heard a call to ministry and decided to attend seminary. It was here that I sat with death for the first time, holding the hand of a dying woman during a silent and sacred midnight call as an intern. Later, as a resident, I abided with a young man and his family while he suffered the ravages of leukemia. During this experience I asked God, for the first but not last time, Why? It was in Gravelly that one of my mother's dearest friends and the heartbeat of my hometown received chemo that ultimately would not save her life. And it was here where I became a patient myself for the first time and gave birth to my daughter. Indeed, I enter this position with gratitude, excitement, and joy.

Opportunities to continue the steadfast work of Shay Crenshaw, my mentor over the years, abound and I look forward to taking on the challenge of further integrating our department into the Children's Hospital. Specifically, I aim to become a more consistent presence within the neonatal intensive care unit, support pediatric patients and families through creative word (for example, printed prayers and meditations on peace), and figuring out how to utilize our Children's Chapel in meaningful ways. I also look forward to participating in conversations about palliative care in both the pediatric and perinatal contexts and working with interdisciplinary colleagues in gathering resources for our patients and families.

The transition from one-time-student to now-colleague with the other staff members has been smooth. From day one, I have been accepted as a valuable peer and my perspective is welcomed. It is a gift to look back and see how far I have come among these halls and also a gift to know that my journey here has, in many ways, just begun.